Encouragement Now Ministries
Loving People Home

November 2026 Newsletter

A thankful heart can carry us through some of the hardest seasons of life. It helps us remember past blessings, honestly acknowledge present pain, and hold on to hope for restoration.

Have you ever walked through a time when life felt bleak and overwhelming? In those moments, gratitude is often the last thing on our minds. Yet Psalm 126 reminds us that God restores, turning tears into laughter and sorrow into songs of joy.



Israel and Judah knew this well. They turned away from God and chased after other gods, and when His hand of protection was removed, they were scattered among the nations. Still, God did not abandon His people. He promised restoration.

In this life, we will have trouble. Sometimes our pain comes from our own choices, and sometimes it comes from the hands of others. That's why Scripture is so essential. It is the foundation for how we see ourselves, how we see others, and how we see God.

Here are three ways to look at our lives through the lens of gratitude:

1. Gratitude remembers God's faithfulness.
Psalm 103 reminds us of all God has done. He forgives our sins and heals our diseases. He redeems our lives from the pit and crowns us with love and compassion. He works righteousness and justice for all who are oppressed. He does not treat us as our sins deserve. Instead, He has compassion on us, like a loving father has for his children.

2. Gratitude makes room for peace.
Philippians 4:6–7 says, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." When we bring our worries to God with thanksgiving, His peace guards our hearts and minds. Without gratitude, it's easy to slide into anger and bitterness, which rob us of joy, peace, and contentment.



Kevin Phillips - Founder
MA, LPC, BA Theology



Joseph Ferreira - VP of Operations
Pastoral Care & Peer Counselor

Encouragement Now Ministries has served clients in over 60 countries including Egypt, China, Iraq, Ukraine, Ethiopia, Bahrain, Saudi Arabia, South Africa, Canada, Turkey, Jordan, Spain, Morocco, Brazil, Pakistan, India & UAE.

Follow Us:

Encouragementnowministries.com

Encouragement Now Ministries P.O. Box 232 Van Wyck,

SC, 29744

Tel: 803.322.5242

3. Gratitude grows into generosity.
Hebrews 13:11–16 points us to the sacrifice Jesus made for us on the cross. That sacrifice should move us to continually offer God a sacrifice of praise and to remember to do good and share with others. Our generosity pleases God because He has been so generous with us, even though we did not deserve it.

Gratitude doesn't mean pretending we're fine or ignoring our pain. Like the people in Psalm 126, we can be honest about our tears while remembering what God has done and trusting Him for what He will do. A thankful heart doesn't deny our struggles; it helps us see God's goodness in the middle of them.

This November, take a moment each day to remember one way God has been faithful, bring one worry to Him with thanksgiving, and look for one way to bless someone else. If you're carrying more than you can handle alone, please reach out. You don't have to walk through it by yourself.

"Those who sow with tears will reap with songs of joy." (Psalm 126:5)

Psalms 103:1-6

1. Praise the Lord, my soul;
all my inmost being, praise his holy name.
2. Praise the Lord, my soul,
and forget not all his benefits—
3. who forgives all your sins
and heals all your diseases,
4. who redeems your life from the pit
and crowns you with love and compassion,
5. who satisfies your desires with good things
so that your youth is renewed like the eagle's.
6. The Lord works righteousness
and justice for all the oppressed.

ENCOURAGEMENT NOW PODCAST



Kevin, Laura, And Joseph

We Need Your Help!

We are looking for corporate, church, and individual partnerships for our ministry. Mental health is one of the most sought after and talked about subject our society is focused on, but they are missing the Biblical truths that God's Word has to offer. Churches are finding themselves unable to handle some of the challenges they are presented with, and they need a safe place to send their members. We are that place, but we need your help. Encouragement Now Ministries (ENM) is donation funded. Monthly partnerships are the backbone of our ministry. This allows us to train up counselors, minister to the needs of churches and individuals, and grow our ministry. We are a 501(c)(3) organization that can be that place. Talk to your company about donating to ENM, and consider a monthly partnership. Every dollar is connected to a soul.